



**Program: From Challenge to Opportunity**

With Passover approaching, the Mifgash program invites you to join us in participating in a special evening with Mrs. Claudia Aronowitz. Claudia will share her personal story and speak on the topic: "From Sympathy to Empathy"

**Location:**  
The Mad Bean Coffee House  
519 Eglinton Ave W, Toronto ON, M5N 1B1

**Date:**  
Wednesday, April 13th, 7:30 pm – 9:00 pm

**Cost:**  
\$10 per person at the door (Refreshments will be served).

An R.S.V.P. is required (due to limited space).

For R.S.V.P., please contact Galya Garner at: [GalyaS@srcentre.ca](mailto:GalyaS@srcentre.ca)  
OR  
Accept the invitation in Facebook.

Thank you and we hope to see you!

**FROM SYMPATHY TO EMPATHY**

When someone in our lives faces a personal challenge—whether it is illness, death, divorce, or another important life change, we may struggle with how to show our support.

In this talk, I share my personal story of challenge and positive perspective as a cancer survivor. I share what I learned about life and about my connections with others in my community. Even though the topic is a challenging one, this presentation is positively framed. I offer a positive outlook, always focusing on what lessons I have learned and how others can apply this perspective to their own lives. I also help others find their own personal way of showing empathy to others.

If you were told you were going to become ill, what would you change in your life? Why not do it now? Come learn how to overcome challenges and support others going through their own challenges.